



GREEN PRACTICES

59, Tsar Boris III, Blvd, Sofia, Bulgaria

Introduction

Problem definition and actions

Sofia is gaining popularity as a modern European capital city every year. "Bulgarian Presidency of the council of the EU" in 2018, the international fairs and conferences held in Sofia such as WEBIT, and other major Eastern Europe fairs happening in Sofia are some of the events that had an important contribution to the growth of the hospitality and gastronomy industry.

The "Pollution Index" is severely growing for Sofia in the last years. Concerned about different environmental issues, 24 NGOs and civil organizations founded "Sofia – Green Capital" initiative, with the main Goal to transform Sofia into a modern and sustainable city.

A lot of sectors are taking action into applying various green models as well as HRC Culinary Academy. We believe that change comes from within and as a major influential institution in Sofia we are applying many sustainable initiatives to pass on to our students and also educate hospitality outlets within Bulgaria.



WE SAVE ENERGY

We have automatised our processes to reduce energy consumption by up to 23%

Automatic lighting sensors - having built our establishment with almost fully glass walls, we make a lot of use of natural light, thus, our lights are activated only in the light afternoon and only by the frequency of the movement.

ONLY LED Lighting for minimum energy consumption

Heating system with zones efficient appliances (induction stoves). Also, we have a very strict maintenance policy for appliances to ensure the best energy efficiency.



WE DON'T WASTE FOOD



We have designed our study curriculum in such way that we achieve almost none to 0% waste. We use every single part of our ingredients during classes, outside events and in-house catering activities.

Some examples:

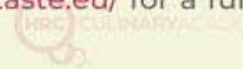
- We use peels for stocks and sauces
- We do foams and molecular experiments with soft vegetable and fruit insides
- Sub-cuts and bones we use for fragrant stocks and new recipe development

WE SPONSOR AND ADVOCATE NO FOOD WASTE CAMPAIGNS IN BULGARIA

We are a major sponsor of a MONTH long campaign called **Don't Waste Taste**.

It involves most food outlets in Sofia as well as producers, suppliers and distributors of food to raise social awareness about food waste and various initiatives and practices that tackle it. It is also fully backed by organisations such as Pernod Ricard, Heineken, Sofia's Municipality, American Import Brands and of course HRC Culinary Academy as the major food institution in Bulgaria.

Visit <https://www.dontwastetaste.eu/> for a full overview.





WE USE LOCALLY
PRODUCED
INGREDIENTS TO
MINIMISE
ENVIRONMENTAL
IMPACT



OUR SUPPLIERS
DELIVER IN SUSTAINABLE
CONTAINERS AND
WITHOUT ANY
SINGLE USE WRAPPERS.



WE BAN PLASTIC 850+ TONNES

of plastic cups is used per year in Sofia

- We're eliminating disposable plastic cups by using washable ones.
- We are switching from disposal vacuum bags to washable polycarbonate containers.

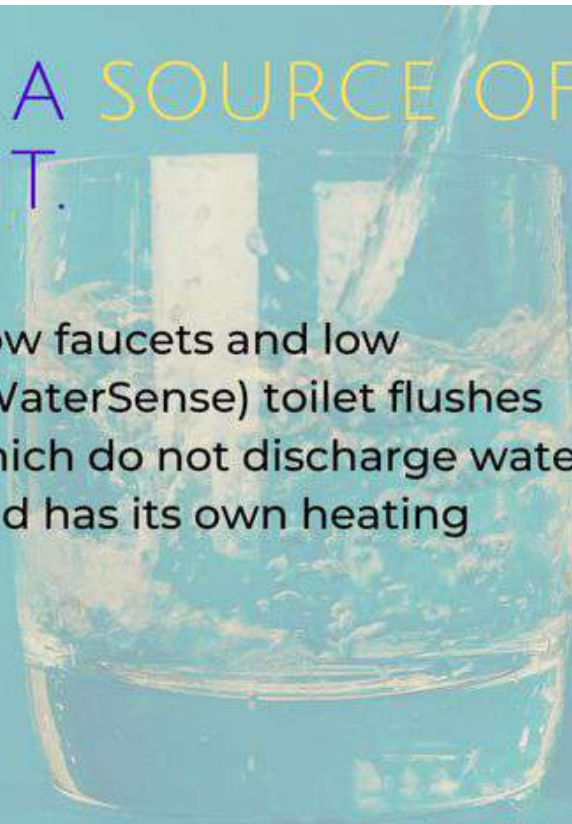
WE LOVE TO BREATHE 4 BILLION TREES

are cut down every year for paper

- We're eliminating all paper napkins and towels with easy to maintain natural cotton, reusable napkins and table cloths in our restaurants, kitchen labs and sanitary facilities.

WATER IS A SOURCE OF LIFE WE SAVE IT.

- We have low-flow faucets and low consumption (WaterSense) toilet flushes
- Dishwashers which do not discharge water continuously and has its own heating system



A photograph of two chefs in a kitchen, both wearing white chef coats. The chef on the left is laughing heartily, looking towards the chef on the right. The chef on the right is also laughing and looking back at the first chef. They appear to be in the middle of a cooking activity. In the background, there are kitchen shelves and equipment. In the bottom right corner, there is a can of HRC Culinary Academy product, which is a can of 'ROSEN' brand frozen strawberries.

WE ALSO LOVE TO LAUGH
AND THAT'S SUSTAINABLE.
PEOPLE LIVE LONGER WHEN
THEY ARE HAPPY!

THANK YOU
AND KEEP LAUGHING!

